

WE TRAIN - Global Remote is a specialist provider of height safety training and consultancy, catering to the energy, civil, marine and geotechnical sectors. We offer a comprehensive package of courses from basic industrial height safety and fall protection, through to tower climbing and advanced technical rescue and evacuation. As accredited trainers, we also offer the syllabus of the Industrial Rope Access Trade Association (IRATA) approved industrial ropes courses.

Strategically based in India and the Middle East we offer our full portfolio from our training facilities in Chennai and Abu Dhabi or alternatively at clients preferred location nationally or internationally. Our programmes follow the strict guidelines as set out by the British Health and Safety Executive (HSE), and the British Advisory Committee for Work at Height Training (ACWAHT) syllabus. This ensures a quality, best practice product, for all your height safety training needs.





**MAERSK** Qatar



**CLP** Taiwan



IRATA Chennai



**CAPCO Hong Kong** 

# **global**REMOTE

Falls from height remain the largest cause of occupational fatalities in industry globally. Importantly, over 90% of these accidents can be prevented with the appropriate training, site management, and personal protective equipment. Global Remotes Height Safety Training programme provides clients and individuals with a wide selection of modules enabling the training of core skills and awareness, and the development on these attributes to advanced work procedures, rescues, and evacuation methodologies. All Global Remote training courses comprise theory and practical elements. Written (or oral) and practical tests are conducted to establish that the principles covered in the course are understood, ensuring a comprehensive learning package. Candidate to trainer ratios are typically 6:1 for all training programmes.

#### **HEIGHT SAFETY**

- Basic-

#### **COURSE AIM**

To equip candidates with the knowledge and practical experience to enable them to climb structures using protected access ways and to work safely in protected areas.

#### COURSE LENGTH

1 Day

#### COURSE CONTENT

- · Work at height principles and protocols
- Hierarchy of Fall Protection
- Introduction to legislation
- · Hazard identification
- Fall Factors and calculation of fall clearance
- Equipment familiarisation and use: Fall arrest systems, horizontal and vertical safe lines (fixed), ladder systems
- Basic climbing techniques
- Equipment inspection

# No. of participants:

min 15, max 30

# FALL PROTECTION RESCUE

#### **COURSE AIM**

To equip candidates with the knowledge and practical experience to enable them to rescue a fellow worker suspended from fall arrest equipment, from a safe access way.

#### **COURSE LENGTH**

2 Days

#### COURSE CONTENT

- · Rescue at height principles and protocols
- Suspension Intolerance
- Casualty management
- · Equipment and anchor selection
- Methods of operation and control of proprietary haul & lower rescue system
- Equipment inspection and maintenance

#### Course requirements:

Global Remote Height Safety Competent Person OR Supervisor

No. of participants: Min 8, max 16

# WORK AT HEIGHT

# HEIGHT SAFETY

- Intermediate -

#### **COURSE AIM**

To equip candidates with the knowledge and practical experience to enable them to climb structures using both protected and unprotected access ways and to work safely in a variety of exposed locations.

#### COURSE LENGTH

2 Days

#### COURSE CONTENT

- All items as in Height Safety Basic
- Introduction to Hazard Management, and Risk Assessment
- Equipment familiarisation and use: Fall arrest, fall restraint, horizontal and vertical safe lines and inertia reels (fixed and temporary)
- · Climbing techniques in exposed locations

No. of participants: min 12, max 30

# **RESCUE AT HEIGHT**

#### **TOWER EVACUATION**

#### **COURSE AIM**

To equip candidates with the knowledge and practical experience to enable them to perform a self-rescue evacuation at height using established proprietary equipment set

#### COURSE LENGTH

2 Days

#### **COURSE CONTENT**

- · Rescue at height principles and protocols
- Suspension Intolerance
- Casualty management
- Equipment and anchor selection
- Methods of operation and control of proprietary evacuation equipment set
- Equipment inspection and maintenance

#### Course requirements:

Global Remote Height Safety Basic OR Competent Person OR Supervisor

#### No. of participants: Min 8, max 16

: 16

# **HEIGHT SAFETY**

- Advanced -

#### **COURSE AIM**

An intensive course to equip candidates with a comprehensive knowledge and experience base to enable them to safely establish, manage and supervise work at height operations in a variety of locations.

# COURSE LENGTH

3 Days

#### COURSE CONTENT

- All items as in Competent Person
- Industry Standards and Regulations
- Site Management
- Hazard Management and Risk Assessment
- Equipment familiarisation, use, and
- installation as per Competent Person Aid climbing techniques
- Selection and installation of anchors
- Detailed equipment inspection, purchasing and management

No. of participants: min 10, max 16

# **TOWER RESCUE**

#### COURSE AIM

To equip candidates with the knowledge and practical experience to enable them to perform a **remote** snatch rescue of a fellow worker, suspended from a variety of locations

# COURSE LENGTH

5 Days

#### COURSE CONTENT

- · Rescue at height principles and protocols
- Suspension Intolerance
- Casualty management
- Equipment and anchor selection
- Methods of operation and control of haul and lower, remote snatch rescue system
- Equipment inspection and maintenance

#### Course requirements:

**Global Remote Height Safety Supervisor** 

No. of participants: min 8, max 16

# ADVANCED EVACUATION & RESCUE

### STRETCHER RESCUE

#### **COURSE AIM**

To equip candidates with the knowledge and practical experience to enable them to evacuate a fellow worker in a stretcher unit from a safe access way, to a location directly below or above original evacuation location.

#### COURSE LENGTH 2 Days

#### COURSE CONTENT

- Rescue at height principles and protocols
- · Packing and lacing casualty in stretcher
- · Casualty management
- Equipment and anchor selection
- Methods of operation and control of haul and lower rescue systems
- Equipment inspection and maintenance

#### Course requirements:

Global Remote Height Safety Competent Person and Fall Protection Rescue

#### No. of participants:

min 8, max 16

# CONFINED SPACE RESCUE

#### **COURSE AIM**

To equip candidates with the knowledge and practical experience to enable them to evacuate a fellow worker in a stretcher unit from a confined space, to a location directly above evacuation location.

#### COURSE LENGTH 2 Days

### COURSE CONTENT

- Rescue at height principles and protocols
- Confined space principles and protocols
- Packing and lacing casualty in stretcher
- Casualty management
- · Rescue tripod use and control
- · Methods of operation & control haul system
- · Equipment inspection and maintenance

#### Course requirements:

Global Remote Height Safety Competent Person and Fall Protection Rescue

No. of participants: min 8, max 16

# **TENSION LINE RESCUES**

#### **COURSE AIM**

To equip candidates with the knowledge and practical experience to enable them to evacuate a fellow worker in a stretcher unit or rescue triangle, to a location some distance from original evacuation location.

#### COURSE LENGTH 3 Days

#### **COURSE CONTENT**

- Rescue at height principles and protocols
- Packing and lacing casualty in stretcher
- Casualty management
- · Equipment and anchor selection
- Methods of operation and control of haul & lower systems, tension lines & deviations
- · Equipment inspection and maintenance

#### Course requirements:

Global Remote Height Safety Supervisor and Tower Rescue

No. of participants: min 8, max 16

# **IRATA INDUSTRIAL ROPE ACCESS**

#### **IRATA LEVEL ONE**

#### **COURSE AIM**

This course is an introduction to Industrial Rope Access techniques. A work positioning system enabling comprehensive and efficient access to a variety of locations and environments. Successful candidates are capable of performing various work tasks under the supervision of an IRATA level three.

#### COURSE LENGTH 5 Days

ASSESSMENT

1 Day (by 3rd party assessor)

#### COURSE CONTENT

- Work at height principles and protocols
- Industry Standards and Regulations
- Hazard Management and Risk Assessment
- · Fall Factors and calculation of fall clearance
- Equipment familiarisation and use
- Multiple rope and aid climb manoeuvres
- Basics of rigging and anchor selection
- Equipment inspection and maintenance
- · Basic rescue techniques

**No. of participants:** min 12, max 16

# IRATA LEVEL TWO

#### **COURSE AIM**

This course is intended for candidates who hold an IRATA approved **level one** certificate, including 12 months of experience and 1,000 logged ours of work. A level two technician is capable of rigging working ropes, undertaking rescues and performing various work tasks under the supervision of an IRATA level three.

5 Days

ASSESSMENT 1 Day (by 3<sup>rd</sup> party assessor)

#### **COURSE CONTENT**

- · All Items as in Level 1
- · Demonstrate level 1 knowledge and skills
- · Anchor selection and installation
- · Safe rigging for work and rescue
- Intermediate rescue techniques including haul and lower rescues
- · Pulley systems

No. of participants: min 12, max 16

# **IRATA LEVEL THREE**

#### **COURSE AIM**

This course is intended for candidates who hold an IRATA approved **level two** certificate, including 12 months of experience and 1,000 logged ours of work. A level three technician is capable of supervising rope access personnel and managing projects, having a thorough understanding of industrial rope systems.

#### COURSE LENGTH 5 Days

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#### ASSESSMENT

1 Day (by 3<sup>rd</sup> party assessor)

#### COURSE CONTENT

- All Items as in Level 2
- · Demonstrate level 1 & 2 knowledge & skills
- Comprehensive understanding of Hazard
- Management and Risk Assessment
  Project planning and management
- Equipment selection and management
  - Advanced rescue techniques
- Thorough knowledge of pulley systems

No. of participants: min 12, max 16

# Global Remote is continually evolving to remain at the forefront of specialist industrial access training technologies and their applications.

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