# FALL PROTECTION RESCUE

## **Course Overview**

The Global Remote 'Fall Protection Rescue' course equips the candidate with the knowledge and skill to effectively execute a rescue of a fellow worker suspended from height.

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#### **COURSE AIM**

To equip candidates with the knowledge, practical skill and experience to enable them to successfully rescue a fellow worker suspended from fall arrest equipment, from a safe location, such as an elevated walkway or scaffold. The course is based around a 3rd party proprietary rescue system, which is well established in the rescue equipment industry.

#### COURSE CONTENT

- Overview of the work at height industry
- Principles and protocols of rescue at height
- 3rd party proprietary rescue system
- Hazard management
- Equipment management
- Casualty management

### Duration: 2 Days

Ratio of Trainers to Trainees 1 Trainer : 6 Trainees

CERTIFICATION: Global Remote "Fall Protection Rescue" certificate

**CERTIFICATION VALIDITY: 3 years** 

#### COURSE ENTRY REQUIREMENT

- Minimum requirement of 12 months work at height experience
- Global Remote work at height 'Intermediate' / 'Advanced' certification or similar preferred
- English proficiency preferred

#### **ASSESSMENT METHODS**

- Ongoing assessment during the course
- Multiple-choice question paper. Where required, due to language proficiency, candidates can take a verbal exam
- Practical assessment, covering the installation and operation of the rescue system, casualty management, and suspension strap use

### COURSE SYLLABUS

#### Theory

- Height safety basics
- Work at height categories
- International and local regulations
- Principles and protocols of rescue at height
- Fall factors
- Fall clearance
- Hazard management
- Suspension intolerance and management
- Equipment management

#### Practical

- Installation and operation of a 3rd party proprietary rescue system
- Equipment inspection
- Selection and installation of anchors
- Basic knots
- Use of suspension trauma straps
- Rescue scenario drills
- Casualty management

### EQUIPMENT COVERED DURING COURSE

- Full body harness
- 3rd party proprietary rescue system
- Equipment lanyards (fall restraint/fall arrest)
- Mobile fall arrest devices
- Retractable inertia reels
- Connectors
- Anchorage slings

#### **RECORDS MAINTAINED BY GLOBAL REMOTE**

- Course registration sheet, including result of the assessment
- Digital photo for duplicate issue of ID cards
- Course feedback form where completed

#### FEEDBACK TO CLIENT / INDIVIDUAL

- Photo ID card for all qualified candidates
- Certificate for all qualified candidates
- Training report as required by client











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