Course Overview

The Global Remote " Work at Height – Basic" course equips the candidate with the knowledge and skill to safely work in an elevated work environment.

global**REMOTE**

...making your worksite safer

COURSE AIM

The Work at Height – Basic course is an introductory programme that equips the candidate with the fundamental knowledge and skill to safely work and manoeuvre in an elevated work environment. The course is based around the utilisation and familiarisation of fall protection CAT III PPE and scaffold systems.

COURSE CONTENT

- Overview of the work at height industry
- Principles and protocols of work at height
- Equipment familiarisation and use
- Basic climbing techniques
- Hazard identification
- Equipment management

Duration: 1 Day

Ratio of Trainers to Trainees
1 Trainer : 12 Trainees

CERTIFICATION: Global Remote " Work At Height – Basic" certificate

CERTIFICATE VALIDITY: 3 years

COURSE ENTRY REQUIREMENT

- Minimum 18 years of age
- Occupational medical for work at height preferred
- English proficiency preferred

ASSESSMENT METHODS

- Ongoing assessment during the course
- Practical assessment, covering the core Work at Height – Basic syllabus
- Multiple-choice question paper. Where required, due to language proficiency, candidates can take a verbal exam

COURSE SYLLABUS

Theory

- Overview of the work at height industry
- Principles and protocols of work at height
- Hierarchy of fall protection
- DROPS specific protocols
- Introduction to international and local legislation
- Fall factors and calculation of fall clearance
- Hazard identification
- Suspension intolerance and management
- Equipment management

Practical

- Equipment familiarisation and use: fall protection systems
- Basic climbing techniques
- Selection and installation of anchors
- Basic knots
- Use of suspension trauma straps

EQUIPMENT COVERED DURING COURSE

- Samples of full body harnesses
- Lanyards (fall arrest/ fall restraint/ work positioning)
- Retractable fall arresters/ inertia reels
- Horizontal and vertical safe lines (temporary and fixed)
- Introduction to ladder systems
- Guided fall arresters
- Anchors and connectors
- Suspension trauma straps

RECORDS MAINTAINED BY GLOBAL REMOTE

- Course registration sheet, including result of the assessment
- Digital photo for duplicate issue of ID cards

FEEDBACK TO CLIENT / INDIVIDUAL

- Photo ID card for all qualified candidates
- Certificate for all qualified candidates, valid for three years
- Training report as agreed with client

GROUP ACCREDITATIONS